



*PEAK's VIP choice; An ALL-Access membership including every amenity Peak Fitness has to offer. This membership includes all Athlete & Olympian amenities as well as **Kerrville CrossFit** - a high intensity class, constantly varied and never the same workout twice. Functional movement that taxes your entire body promises to leave a lasting impression everytime you leave the class. Led by energetic, highly trained and certified CrossFit coaches that know exactly what you need for the day. Programs will be designed and implemented for you daily.*

CrossFit is designed for ALL fitness levels, even if

Peak

Performance Membership Level



it is your first time. WARNING: CrossFit is highly addictive. You may just get the best workout of your life!

CrossFit Kids - This program is a scaled version of the original CrossFit prescription designed to introduce age appropriate exercise routines to youth.

PEAK

Performance Membership Level

Sports Performance Training Classes, Clinics, and Camps encompasses a wide variety of speed, agility, cardiovascular, muscle endurance and strength training methodologies to produce the pure athlete. You will truly become **BIGGER. FASTER. STRONGER.**

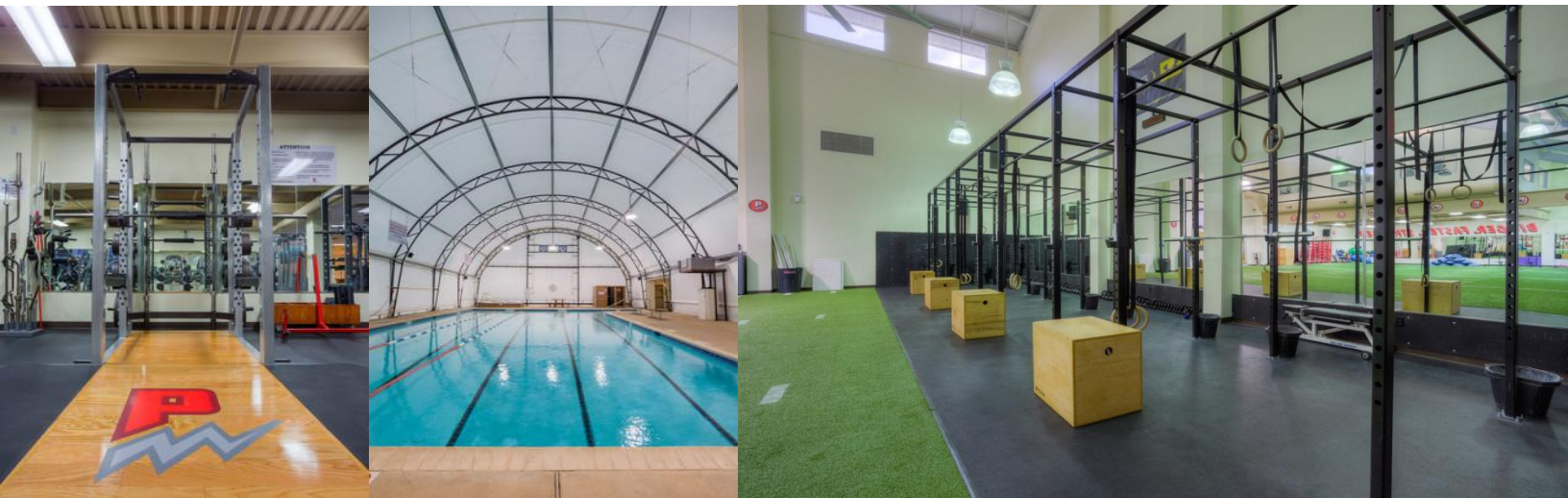


This program is offered to all ages, fitness, athletic and sports needs. Whether your goal is playing, fitness, or sports specific, Sports Performance Training at PEAK Fitness can improve YOUR game. If athleticism is important to you, on and off the field, then this style of training is a must. Whether you are a youth athlete learning the fundamentals, a collegiate athlete with aspirations for a professional career, or a professional athlete looking to stay at the top of your game, we have something for all.



Tri-Athlete Specific Training - includes swim clinics, tri-athlete transition seminars, mock triathlon admission, and access to cycling compu-trainers (state of the art cycling assessment and training equipment).

ALSO Included - is access to Power Plate training & recovery equipment, Kid's Club (for up to 2 children), occasional club discounts, and much, much more!



Peak

Performance Membership Level

INITIATION FEE

One-time fee as long as membership continues without interruption

FEES

Athlete/Olympian/PEAK

\$ 49.99

Teacher/ISD/Active Military/Fire/EMS
Law Enforcement

\$ 24.99

PEAK PERFORMANCE

Main Member

\$134.99

Teacher/ISD/Active Military

\$114.99

30-DAY Prepaid*

\$164.99

Kid's Club (*up to 2 children*)

\$0 (*included*)



830-315-PEAK ⚡ KerrvillePeak.com